
Sarah E. Brown BIO for Media Interviews

After a 30+-year career in Corporate America, most recently as Managing Director with Accenture, Dr. Sarah E. Brown retired to focus on helping mid-career professional women gain clarity on business and career goals, and develop the confidence and support needed to achieve them. Her method is called Self-Coaching. She has a Ph. D. in PsychoEducational Processes (combination of group psychology and adult learning) and 20+ years of Talent Management Experience.

She lives in Wilmington, DE with her standard poodle Maharani and enjoys sculling on the Christina River.

Contact Information

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